



BC Parks

This report is only current to: August 21st, 2026

TRAIL REPORT - Cypress Provincial Park

SAFETY ADVISORY

- Plan ahead - ensure you have enough time to return before dark! Visit adventuresmart.ca.
- Carry your [10 essentials](#) and know how to use them. Leave a [trip plan](#) before you start your hike.
- Unpredictable weather may occur at any time of year. Be self-sufficient and prepared for storms, poor visibility and an unexpected overnight stay.
- Natural hazards such as exposed rocks, windfalls and dead standing trees may be encountered on all trails at any time.
- Gullies and creeks lead away from safety – STAY ON THE TRAIL.
- Cypress Mountain Resort operates heavy machinery in their CRA* (Controlled Recreation Area) day and night. Respect posted signage around all resort and park areas.
- Bears are common in Cypress Park. Carry bear spray and do not approach or feed wildlife.

ACCESS FROM CYPRESS DOWNHILL AREA

TRAIL NAME	POPULAR DESTINATIONS	TRAIL CONDITIONS	PARK REGULATIONS Click here for all regulations	DESCRIPTION
Black Mountain Loop Trail via Baden Powell Trail	- Cabin Lake - Black Mountain South and North Summits - Eagle Bluffs - Sam and Theagill Lakes	 Follow the trail markers. Uneven terrain with natural obstacles including exposed roots and rocks.	 Camping is prohibited in the southern portion of Cypress Park, including on the Black Mountain Plateau. Campfires are prohibited in Cypress Park at all times. Mountain biking is prohibited on this trail. Dogs must be leashed at all times.	<i>Trailhead located near the bottom of the Eagle Express Chairlift, or 200m NW of the BC Parks kiosk outside Cypress Creek Lodge.</i> The trail to the Black Mountain Plateau is a series of steep switchbacks. Most elevation is gained on this section. The loop meanders through subalpine lakes and over Black Mountain South Summit. Eagle Bluffs can also be accessed from Horseshoe Bay by following the Baden Powell Trail.
Bowen Lookout Trail	Bowen Lookout	 Follow the trail markers. Uneven terrain with natural obstacles including exposed roots and rocks.	 Camping is prohibited in the southern portion of Cypress Park, including at Bowen Lookout. Campfires are prohibited in Cypress Park at all times. Mountain biking is prohibited on this trail. Dogs must be leashed at all times, and are prohibited on the Yew Lake Trail.	<i>Trailhead located near the bottom of Lions Express Chairlift, or 25m N of the BC Parks kiosk in front of Cypress Creek Lodge.</i> The trail is mostly flat through Yew Lake and along Pumphouse Road with 150m of elevation gained over the last section before descending slightly to Bowen Lookout.
Yew Lake Interpretive Trail	Yew Lake	 Follow the trail markers. This is a sensitive ecosystem – please stay on the trail at all times.	 Camping is prohibited in the southern portion of Cypress Park, including along the Yew Lake Trail. Campfires are prohibited in Cypress Park at all times. Mountain biking is prohibited on this trail. Dogs are prohibited on the Yew Lake Trail.	<i>Trailhead located near the bottom of Lions Express Chairlift, or 25m N of the BC Parks kiosk in front of Cypress Creek Lodge.</i> This interpretive loop travels through open subalpine meadows. There’s an option to take an additional 300 m loop through the Old Growth Forest. This trail is wheelchair accessible and best used in a counterclockwise direction.

Howe Sound Crest Trail (HSCT)	• St. Mark's Summit • Unnecessary Mountain • The Lions • Through-hike to Porteau Road	 Follow the trail markers, though they become inconsistent after The Lions. Difficult and rough trail past 2km mark. This is a technical and remote backcountry trail. Hikers often underestimate the time and energy needed to hike this trail. Water is unavailable between Strachan Meadows (Montizambert Creek) and Magnesia Meadows. Trail marking is intermittent north of The Lions. Cell phone service is unreliable or non-existent on most of the trail. Hikers must be well-prepared and entirely self-sufficient. Consult the HSCT map for further information.	 Camping is prohibited in the southern portion of Cypress Park, but is permitted north of Strachan Meadows and along the Howe Sound Crest Trail. Mountain biking is prohibited along this trail, and dogs must be leashed at all times. Campfires are prohibited at all times.	<i>Trailhead located near the bottom of Lions Express Chairlift, or 25m N of the BC Parks kiosk in front of Cypress Creek Lodge.</i> This challenging trail takes you north along a ridgeline with beautiful views of Howe Sound and the mountains near Squamish.
ACCESS FROM CYPRESS NORDIC AREA				
Baden Powell Trail to Hollyburn Mountain Trail	• Hollyburn Mountain	 Follow the trail markers. Uneven terrain with natural obstacles including exposed roots and rocks.	 Camping is prohibited in the southern portion of Cypress Park, including on Hollyburn Mountain. Campfires are prohibited in Cypress Park at all times. Mountain biking is prohibited on this trail. Dogs must be leashed at all times.	<i>Trailhead located at the BC Parks kiosk in the nordic parking area.</i> The trail travels through a lovely stand of old growth forest, starting and ending with steep elevation gain. The upper section offers scenic views north to The Lions and east across the North Shore Mountains.
Baden Powell Trail To West Lake & Lost Lake	• Hollyburn Lodge • First Lake • West Lake • Blue Gentian Lake • Lost Lake	 Follow the trail markers. Uneven terrain with natural obstacles including exposed roots and rocks.	 Camping is prohibited in the southern portion of Cypress Park. Campfires are prohibited in Cypress Park at all times. Mountain biking is prohibited on this trail. Dogs must be leashed at all times.	<i>Trailhead located at the BC Parks kiosk in the nordic parking area.</i>

ACCESS FROM SEA TO SKY HIGHWAY (PORTEAU ROAD)				
HSCT	• Deeks Lake • Magnesia Meadows • Brunswick Lake • Brunswick Mountain	Review the directions posted on the kiosk. Follow signage and trail markers for detour from parking lot to trailhead. Difficult and rough trail surface. This is a technical and remote backcountry trail. Hikers often underestimate the time and energy needed to hike this trail. Cell phone service is unreliable or non-existent on most of the trail. Hikers must be well-prepared and entirely self-sufficient. Consult the HSCT map for further information.	   	<i>Trailhead located at the Porteau Road parking lot off the Sea to Sky highway.</i> The Howe Sound Crest Trail from Porteau Road follows an old logging road for about 4 kilometres before climbing steeply to Deeks Lake. From there, the trail winds through dense forest past Hanover Lake before climbing steeply again to Brunswick Lake, nestled beneath Mt. Brunswick and Mt. Hanover.

IMPORTANT INFO



Bathrooms are located inside the Black Mountain Lodge or Cypress Creek Lodge.



BC Parks is a smoke free environment. Smoking of any kind (e-devices included) is prohibited.



Park in designated areas only. Overnight parking is permitted in Lot 3B free of charge. Failure to comply could result in a needless search and rescue operation and/or your vehicle being towed.



Campfires or open fires are prohibited everywhere within Cypress Park at all times of the year.

Cypress Provincial Park Trails



