# Annual Report Gold Creek/Alouette Water System

located in Golden Ears Provincial Park

for the period:

January 1, 2023 to December 31, 2023

This water system is owned by:

### The BC Ministry of Environment and Climate Change Strategy

and operated by:

**Alouette Park Management Ltd.** 

Questions or requests for further information about this report should be directed to:



### **Alouette Park Management Ltd.**

PO Box 206 Maple Ridge, BC V2X 7G1 (604) 466-8325

office@alouetteparks.ca

This report was prepared on: March 20, 2024

This annual report contains a summary of Bacteriological Water Quality Results for the Gold Creek/Alouette Water System during the period described above, and any other information required by the Environmental Health Officer.

Reporting Period: January 1st to December 31st, (year)  Water System  Water System Owner  Primary Contact Name (operator or Manager)  Phone Number (operator or Manager)  E-mail (operator or Manager)  DESCRIBE YOUR WATER SUPPLY SYSTEM  What is the Source(s) of Raw Water?   Deep Well   Shallow Well   Surface Water   Other   If other, specify details:  Does the Drinking Water System have Primary Disinfection?   Yes   No     Chlorination   Ultraviolet Light   Ozone   Other   If other, specify details:  Does the Drinking Water System have Secondary Disinfection?   Yes   No     Chlorination   Other   If other, specify details:  Does the Drinking Water System have Filtration?   Yes   No     Chlorination   Other   If other, specify details:  Does the Drinking Water System have Filtration?   Yes   No     Check all boxes that apply   Carbon Filter   Sand Filtration   Reverse Osmosis   Other     If other, specify details:  PUBLIC REPORTING  Emergency Response & Contingency Plan (ERCP)   Syour ERCP up to Date?   Yes   No     How do you Inform the System Users of the ERCP?   Hand Delivered   Sulletin Board   Newspaper   Utility Bill Insert   Website     Other (specify details)   Other (specify details)   Other   System Users of the Annual Report?     Hand Delivered   Sulletin Board   Newspaper   Utility Bill Insert   Website	DRINKING WATER SYSTEM ANNUAL REPORT								
Water System Owner  Primary Contact Name (Operator or Manager)  Phone Number (Operator or Manager)  E-mail (Operator or Manager)  E-mail (Operator or Manager)    Describe Your Water Supply System   Shallow Well   Surface Water   Other     If other, specify details:    Does the Drinking Water System have Primary Disinfection?   Yes   No     Chlorination   Ultraviolet Light   Ozone   Other     If other, specify details:    Does the Drinking Water System have Secondary Disinfection?   Yes   No     Chlorination   Other     If other, specify details:    Does the Drinking Water System have Filtration?   Yes   No     Check all boxes that apply     Cartridge Filter(s)   Carbon Filter   Sand Filtration   Reverse Osmosis   Other     If other, specify details:    PUBLIC REPORTING     Syour ERCP up to Date?   Yes   No     How do you Inform the System Users of the ERCP?     Hand Delivered   Bulletin Board   Newspaper   Utility Bill Insert   Website     Other (specify details)     Drinking Water System Annual Report     Hand Delivered   Bulletin Board   Newspaper   Utility Bill Insert   Website	Reporting Period:		January 1 <sup>st</sup> to Decer	mber 31 <sup>st</sup> , (year)					
Primary Contact Name (Operator or Manager)  Phone Number (Operator or Manager)  E-mail (Operator or Manager)  E-mail (Operator or Manager)    Describe Your Water Supply System	Water System								
Phone Number (Operator or Manager)  E-mail (Operator or Manager)    Describe Your Water Supply System	Water System Owne	er							
E-mail (Operator or Manager)    DESCRIBE YOUR WATER SUPPLY SYSTEM	Primary Contact Nar	ne (Operator or Manager)							
DESCRIBE YOUR WATER SUPPLY SYSTEM  What is the Source(s) of Raw Water?   Deep Well	Phone Number (Operator or Manager)								
What is the Source(s) of Raw Water?   Deep Well	E-mail (Operator or Manager)								
What is the Source(s) of Raw Water?    Deep Well									
Deep Well	DESCRIBE YOUR WATER	SUPPLY SYSTEM							
If other, specify details:    Does the Drinking Water System have Primary Disinfection?   Yes   No	What is the Source(s	s) of Raw Water?							
Does the Drinking Water System have Primary Disinfection?	☐ Deep Well	☐ Shallow Well	☐ Surface Water	☐ Other					
Chlorination   Ultraviolet Light   Ozone   Other     If other, specify details:	If other, specify deta	ils:							
If other, specify details:    Does the Drinking Water System have Secondary Disinfection?   Yes	Does the Drinking W	/ater System have Prim	ary Disinfection?	☐ Yes	□ No				
Does the Drinking Water System have Secondary Disinfection?	☐ Chlorination	Ultraviolet Light	Ozone	☐ Other					
Chlorination   Other   If other, specify details:    Does the Drinking Water System have Filtration?	If other, specify details:								
If other, specify details:    Does the Drinking Water System have Filtration?	Does the Drinking W	/ater System have Seco	☐ Yes	□No					
Does the Drinking Water System have Filtration?	☐ Chlorination	□Other							
Check all boxes that apply  Cartridge Filter(s)	If other, specify deta	ils:							
Cartridge Filter(s)	Does the Drinking W	/ater System have Filtro	ation?	☐ Yes	□No				
PUBLIC REPORTING   Public Reporting   Public Report   Public	Check all boxes that appl	ly							
PUBLIC REPORTING  Emergency Response & Contingency Plan (ERCP)  Is your ERCP up to Date?	☐ Cartridge Filter(s)	☐ Carbon Filter	☐ Sand Filtration	☐ Reverse Osmosis	☐ Other				
Emergency Response & Contingency Plan (ERCP)  Is your ERCP up to Date?	If other, specify deta	ils:							
Emergency Response & Contingency Plan (ERCP)  Is your ERCP up to Date?									
Is your ERCP up to Date?	PUBLIC REPORTING								
How do you Inform the System Users of the ERCP?  Hand Delivered Bulletin Board Newspaper Utility Bill Insert Website Other (specify details)  Drinking Water System Annual Report How do you Inform the System Users of the Annual Report?  Hand Delivered Bulletin Board Newspaper Utility Bill Insert Website	<b>Emergency Respons</b>	e & Contingency Plan (	ERCP)						
☐ Hand Delivered ☐ Bulletin Board ☐ Newspaper ☐ Utility Bill Insert ☐ Website   ☐ Other (specify details)    Drinking Water System Annual Report  How do you Inform the System Users of the Annual Report?  ☐ Hand Delivered ☐ Bulletin Board ☐ Newspaper ☐ Utility Bill Insert ☐ Website	Is your ERCP up to D	ate?	☐ Yes	□ No					
☐ Other (specify details)  Drinking Water System Annual Report  How do you Inform the System Users of the Annual Report?  ☐ Hand Delivered ☐ Bulletin Board ☐ Newspaper ☐ Utility Bill Insert ☐ Website	How do you Inform	the System Users of the	ERCP?						
Drinking Water System Annual Report  How do you Inform the System Users of the Annual Report?  Hand Delivered Bulletin Board Newspaper Utility Bill Insert Website	☐ Hand Delivered	☐ Bulletin Board	□ Newspaper	☐ Utility Bill Insert	☐ Website				
How do you Inform the System Users of the Annual Report?  Hand Delivered Bulletin Board Newspaper Utility Bill Insert Website	☐ Other (specify det	tails)							
☐ Hand Delivered ☐ Bulletin Board ☐ Newspaper ☐ Utility Bill Insert ☐ Website	Drinking Water Syst	em Annual Report							
	How do you Inform	the System Users of the	Annual Report?						
Other (specify details)	☐ Hand Delivered	☐ Bulletin Board	□ Newspaper	Utility Bill Insert	☐ Website				
	Other (specify det	tails)							
	Revised June 2014								

COMPLIANCE V	VITH OPERATING	PERMIT			
			mit (Contact the DWO	for a copy if need	ed):
	,,	, ,		, ,,,	,
Are you in co	mpliance with	n your Operati	☐ Yes	□No	
BACTERIOLOGI	CAL <b>T</b> ESTING ANI	DRINKING WAT	FER PROTECTION REGULAT	ION WATER QUALITY	STANDARDS
How many b	acteriological	samples were	collected during this r	eporting period?	
What is the r	minimum requ	ired sampling	frequency for this syst	em? (#samples/m	onth)
Additional sa	mpling details	:			
Was the min	imum require	d sampling fre	quency achieved?	☐ Yes	□No
Comments:					
Bacteriologic	cal summary a	ttached to this	s report?	☐ Yes	□ No
If no, how do	the users of t	the system vie	w the results?		
WATER QUALIT	TY <b>S</b> TANDARDS F	OR POTABLE WA	ATER		
Parameter:		Standard	l:	Did th	nis system meet standard?
Escherichia c (for all samples)		No detecta	ble <i>Escherichia coli</i> per 100r	ml □ Ye	s 🔲 No
Total Coliforn	n Bacteria		ble total coliform bacteria p	100 L DV	
(if only 1 sample day period)	e collected in a 30	No detecta	er 100ml Ye	s   No	
Total Coliform Bacteria No more than 10% of samples contain total					
				total	<del>-</del>
	n Bacteria sample collected i	in a coliform ba	nan 10% of samples contain acteria, <b>and</b> No sample has n liform bacteria per 100ml	total	<del>-</del>
(if more than 1 s 30 day period)	sample collected i	in a coliform ba 10 total col	acteria, <b>and</b> No sample has n liform bacteria per 100ml	total nore than Ye	<del>-</del>
(if more than 1 s 30 day period)	sample collected i	in a coliform ba 10 total col	acteria, <b>and</b> No sample has n liform bacteria per 100ml Drinking Water Protect	total nore than Ye	s 🗆 No
(if more than 1 s 30 day period)	sample collected i	any of above l	acteria, <b>and</b> No sample has n liform bacteria per 100ml Drinking Water Protect	total nore than Ye	No □ No
(if more than 1 s 30 day period) If the system the table bel	did not meet ow; attach ad	any of above l	ncteria, and No sample has no inform bacteria per 100ml  Drinking Water Protects if necessary.	total nore than Ye tion Regulation st	No □ No
(if more than 1 s 30 day period) If the system the table bel	did not meet ow; attach ad	any of above l	ncteria, and No sample has no inform bacteria per 100ml  Drinking Water Protects if necessary.	total nore than Ye tion Regulation st	No □ No
(if more than 1 s 30 day period) If the system the table bel	did not meet ow; attach ad	any of above l	ncteria, and No sample has no inform bacteria per 100ml  Drinking Water Protects if necessary.	total nore than Ye tion Regulation st	No □ No
(if more than 1 s 30 day period) If the system the table bel	did not meet ow; attach ad	any of above l	ncteria, and No sample has no inform bacteria per 100ml  Drinking Water Protects if necessary.	total nore than Ye tion Regulation st	No □ No

CHEMICAL SAM	PLING COMPLETED	DURING THIS REPORT	TING PER	OD			
Was any chei	mical sampling c	onducted during re	eporting	period?	□No		
If no, when w for this syster		mical samples cond	ducted	If yes, did all water sam Canadian Drinking Wate	ples meet the Guidelines for er Quality?		
(date)	☐ Don't K	now 🗌 Never		☐Yes	□No		
If any water samples did not meet the Guidelines for Canadian Drinking Water Quality, record the results in the table below; attach additional sheets if necessary.							
Parameter	neter Result Corrective Action / Treatment / Comments						
		-					
ADDITIONAL TE	STING						
Does the syst	em have analyz	ers for continuous	monito	ring?	□No		
If yes, check o	all boxes that ap	ply:					
☐ Chlorine	☐Turl	oidity	Other (	details)			
Are the result	ts available on re	equest?					
If any additio	_	mpling was condu	cted, re	cord results in the table b	elow; attach additional		
Additional Te	esting & Reason	for Sampling C	Correctiv	ve Action Taken			
WATER QUALIT	Y COMPLAINTS						
Were there any water quality complaints in this reporting Period? (e.g. taste, odour, colour etc.)							
If yes, comple	ete the table bel	ow; attach additio	nal shee	ets if necessary.			
Date Water Quality Complaint Corrective Action / Treatment							
	•						

Revised June 2014

OPERATIONAL PR						
Were there any operational problems during this reporting  period? (e.g. insufficient water supply, malfunction of Yes No  disinfection equipment, line breaks, elevated turbidity etc.).						
If yes, complete	e the table below; att	ach additional she	ets if necessar	y.		
Incident Date Type of Operational Problem Corrective Action Taken						
Major Upgrade	ES/REPAIRS & EXPENSES					
_	y major upgrades/rep g this reporting period		osts [	☐ Yes	□No	
If yes, complete	e the table below; att	ach additional she	ets if necessar	y.		
Major Upgrade	es/Expenses	Details				
Improvements	required by DWO					
Additions/chan	ges to system					
Purchase or ins	tall new equipment					
Equipment rep	air or replacement					
Annual mainte	nance of system					
Specialist repor	t					
Other						
FUTURE IMPROVE	EMENTS					
Are there any p	olans for future impro	vements?		] Yes	□No	
If yes, complete the table below; attach additional sheets if necessary.						
Future Upgrades or Improvements					<b>Estimated Date of Completion</b>	
			1			
DATE COMPLETE	D:		COMPLETED B	Υ:		

### Sample Range Report

Fraser Health Authority

Facility Name:

Golden Ears Provincial Park - Gold Creek/Alouette WS

Date Range:

Jan 1 2023 to Dec 31 2023

Operator

Jamie Hall Operations Manager Alouette Park Management

PO Box 206

Maple Ridge, BC V2X 7G1

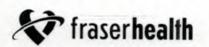
Sampling Site	Date Collected	Total Coliform	E. Coli	Fecal Coliform
New Well Standpipe	<b>)</b> ,			
<u>Alouette</u>	_			
Campground				
	3-21-2023 8:30:00	LT1	LT1	
	AM 5-15-2023 8:45:00	LT1	LT1	
	3-13-2025 6.45.00 AM	LII	£11	
	6-12-2023 9:45:00	LT1	LT1	
	AM		2	
	6-26-2023 9:20:00	LT1	LT1	
	AM			
	7-4-2023 9:55:00 AM	LT1	LT1	
	7-10-2023 9:30:00 AM	LT1	LT1	
	8-8-2023 9:55:00 AM	LT1	LT1	
	8-28-2023 12:10:00	LT1	LT1	
	PM	211	£11	
	9-5-2023 10:20:00	LT1	LT1	
	AM			
	9-18-2023 8:50:00	<u>LT1</u>	<u>LT1</u>	
	AM		_	
	Total Positive:	0	0	0
Additional sampling	_			
<u>site,</u>				
	3-22-2023 8:50:00	LT1	LT1	
	AM	1.74	1 777-3	
	4-5-2023 8:55:00 AM 4-17-2023 8:50:00	LT1 LT1	LT1 LT1	
	4-17-2023 6.50.00 AM	LII	LII	
	5-1-2023 9:16:00 AM	LT1	LT1	
	5-29-2023 9:15:00	LT1	LT1	
	AM			
	7-24-2023 9:40:00	LT1	LT1	
	AM			
	8-21-2023 9:40:00 AM	LT1	LT1	
	8-30-2023 12:30:00	LT1	LT1	
	PM	Lil	£ ! I	

	10-2-2023 9:50: AM	00	QRWRT	QRWRT	
	Total Positive	•	0	0	0
Result Values:	E - estimate	d	L - less than	G - g	reater than
Samples that cor	ntain total coliform:	О	***	0.00%	of total
Samples that contain e. coli:		0		0.00%	
Samples that contain fecal coliform:		0		0.00%	of total
Number of consecutive samples that contain total coliform:		0			
Number of samples that contain total coliform in last 30 days:		0/0			
Total number of	samples:	19			

### Comments:

Environmental Health Officer Feb 2 2024

FOR FURTHER INFORMATION PLEASE CALL: Heather Slater (604) 870-7900



### DRINKING WATER INSPECTION REPORT

**Health Protection** 

							6528
FACILITY	NAME:	1 1	111 1		INSPECTION D	OATE (yyyy/mmm/dd):	TIME SPENT:
500	ADDRESS: (480 Fern Cres	Week/	Alouett	eh	15. 2027	/Apr. 27	1.5
FACILITY A	ADDRESS:		,		NEXT INSPECT	TION DATE (yyyy/mmm	
29	400 Fein Cies	Mapi	e Kidge		2029	1/11-	15
NEW	TENSON IN CHARGE.				☐ New Tel:		
-	Jamie Hall				☐ New Fax:	, ,	
	EMERGENCY CONTACT:				☐ New Tel:		
	Alex Westby				☐ New Fax:	1	
FACILITY	Y TYPE: 359 sites		INSPECTION TY	_			
WS1 WS2	To 21 Chrock	oublic connection) ner)	☐ Initial Routine		Consultation	Follow Up to	
□ WS3	3 (2 – 14 connections)	ici)	☐ Follow Up		Sampling Investigation	☐ Water Quality ☐ Water Borne	Illness Complaint
ACTION	TAKEN:				OTHER INFORM		miross complaint
ADMINIST	RATIVE	ENFORCEMENT			(complete for Routine In		MPLY 100
Tanana Control of the	mation Provided	☐ Require Co	rrections		FOCD /		s No N/A
	action Required nit Issued	Ticket Issue			EOCP (operator certification Acceptable SWS T	raining	_
	cind Public Notification	☐ Written Ord	er c Notification		ERCP (emergency pla	an)	ō
					Annual Report Pro	vided to Users	
	HAZARD RATING FOR			High	☐ Moderate		
	Follow Up to "C	ritical" Violatio	ns Noted on Pre	vious I	nspections (if app	licable)	
Code	Corrected?		Cod	e C	orrected?		
	☐ Yes ☐ No				Yes 🗆 No		
	☐ Yes ☐ No				Yes 🗆 No		
	☐ Yes ☐ No				Yes 🗆 No		
Code	Explanation of Vi	olations, Reco	mmendations or	Comm	ents	(✓) Corrected	Date To Be
						During Insp.	Corrected By
EOCF	Operator / man	feran	er - So	off	Benson		
	Heats Islam	& Cours	truck we	~	pnp >5	00	
					7-7		
	2022 01.	10/0	alus	/	1		
	2022 Chem: lab report in	11. 4	195100	11	10 anes	5	
	cab report in	ar care	o coul	12 an	ce vitte		
	all equined	garane	ters.				
	Backeriological water sampling freque and by desirlogical water quality is in compliance.						
	and by oteris	logical	water	and	tu 15		
	in compliance	e					
	P	-					
601	Mark disention	18	6	11	0		Apr. 15
	Mark direction	7	or on o		295100		Apr. 15
RECEIVED	BY (Signature):		F110 /0'-	notural			
KEGEIVED	or (signature).	2	EHO (Sig				
PRINTED NA	AME: Mark Taraca L	211	EHOPRII	NTED NAN	Flas	7	
	Mark James H	all.		1 car	Jean	-	



Element #104, 19575-55 A Ave. Surrey, British Columbia V3S 8P8, Canada T: +1 (604) 514-3322 F: +1 (604) 514-3323

E: info.vancouver@element.com

W: www.element.com

**Analytical Report** 

Bill To: Alouette Park Management Ltd

PO Box 206

Maple Ridge, BC, Canada

V3S 8P8

Attn: Stu Burgess

LSD: P.O.:

Project ID: APM2022
Project Name: Chem

Project Location:

GE & RL Prov Parks

1581979

Control Number:

Date Received: Jun 30, 2022

Lot ID: 1581979

Date Reported: Jul 6, 2022 Report Number: 2763227

Sampled By: Stu Burgess

Company: Alouette Park Management

Reference Number

1581979-3

Sample Date Sample Time

Proj. Acct. code:

June 30, 2022 08:10

Sample Location

Sample Description

GE-GCAL / GC/AL Campground / 19.5 °C

Sample Matrix

Drinking Water

		Sample Matrix	Dilliking water			
Analyte		Units	Result	Nominal Detection Limit	Guideline Limit	Guideline Comments
Metals Extractable						
Aluminum	Extractable	mg/L	0.002	0.001	0.1 OG; 2.9 MAC	Below OG
Antimony	Extractable	mg/L	< 0.00002	0.00002	0.006	Below MAC
Arsenic	Extractable	mg/L	< 0.0001	0.0001	0.010	Below MAC
Barium	Extractable	mg/L	0.0015	0.0001	2.0	Below MAC
Boron	Extractable	mg/L	0.004	0.002	5	Below MAC
Cadmium	Extractable	mg/L	< 0.00001	0.00001	0.007	Below MAC
Chromium	Extractable	mg/L	< 0.00005	0.00005	0.05	Below MAC
Copper	Extractable	mg/L	0.0066	0.0005	1 AO; 2 MAC	Below AO
Lead	Extractable	mg/L	0.00025	0.00001	0.005	Below MAC
Selenium	Extractable	mg/L	< 0.0002	0.0002	0.05	Below MAC
Strontium	Extractable	mg/L	0.023	0.0001	7.0	Below MAC
Uranium	Extractable	mg/L	<0.00001	0.00001	0.02	Below MAC
Vanadium	Extractable	mg/L	0.00022	0.00005		
Zinc	Extractable	mg/L	0.042	0.0005	5.0	Below AO
Physical and Aggregate	e Properties	-				
Colour	True	Colour units	<5	5		
Turbidity		NTU	<0.10	0.1	0.1/0.3/1.0 OG	
Routine Water						
pH - Holding Time			Exceeded			
pH	at 25 °C		6.89	0.01	7.0-10.5	Below Range
Electrical Conductivity		μS/cm at 25 °C	50	1		
Calcium	Extractable	mg/L	6.1	0.01		
Iron	Extractable	mg/L	0.013	0.004	0.3	Below AO
Magnesium	Extractable	mg/L	0.61	0.02		
Manganese	Extractable	mg/L	<0.001	0.001	0.02 AO; 0.12 MAC	Below AO
Potassium	Extractable	mg/L	0.43	0.04		
Silicon	Extractable	mg/L	5.8	0.005		
Sodium	Extractable	mg/L	1.7	0.1	200	Below AO
T-Alkalinity	as CaCO3	mg/L	17	5		
Chloride	Dissolved	mg/L	2.03	0.05	250	Below AO
Fluoride	Dissolved	mg/L	<0.01	0.01	1.5	Below MAC
Nitrate - N	Dissolved	mg/L	0.18	0.01	10	Below MAC
Nitrite - N	Dissolved	mg/L	<0.01	0.01	1	Below MAC
Sulfate (SO4)	Dissolved	mg/L	1.0	0.1	500	Below AO
Hardness	as CaCO3 (extractable)	mg/L	18	1		
Total Dissolved Solids	Extractable	mg/L	39	1	500	Below AO

### Alouette Park Management Ltd.

# **Emergency Response Plan Golden Ears Provincial Park Water Systems**

Water System Name: Golden Ears Provincial Park - Gold Creek and Alouette Campgrounds

Date Completed/Revised: March, 2023

### **EMERGENCY PROCEDURES**

#### Bacterial Contamination of Water Supply - E. Coli

In the event of bacterial contamination of the water system by E. Coli bacteria, the following steps shall be taken:

- 1. Contact Fraser Health (FH) Environmental Health Officer for consultation.
- 2. Notify water system Level II Operator.
- 3. Issue FH Approved Boil Water Notice by posting signs at all water taps, both at standpipes and in washrooms.
- 4. Investigate any recent changes to the water system, including assessing the condition of wellhead, pressure tanks, water quality (colour, turbidity), and water pressure.
- 5. Contact appropriate services for maintenance/repair of the water system. Take any corrective action required. Record actions taken in water system log book.
- 6. Resample water supply upon consultation with Environmental Health Officer.
- 7. Further action may be required pending resampling results.
- 8. Boil Water Advisory is to continue until 2 sample results taken not less than 24 hours apart are negative for both E. Coli and total coliform. Environmental Health Officer must provide verbal or written approval prior to rescinding Boil Water Advisory, and written approval must be obtained later if verbal approval is given first.

Note: If Park Operator (PO) is not able to contact staff from Fraser Health, PO must issue "Boil Water Notice" immediately.

### **Bacterial Contamination of Water Supply - Total Coliform**

In the event of bacterial contamination of the water supply by coliform:

- 1. Contact Fraser Health Environmental Health Officer for consultation
  - a. If positive sample is one of consecutive positive samples, or if high number of totals detected in sample, then a Boil Water Notice may be required to be issued.
  - b. If sample is single isolated positive result then disinfection of water system may be required followed by resampling after chlorine from disinfection has been flushed out of system.
- 2. Notify water system Level II Operator.
- 3. If required, issue FH Approved Boil Water Notice by posting signs at all water taps, both at standpies and in washrooms.
- 4. Investigate any recent changes to the water system, including assessing the condition of wellhead, pressure tanks, water quality (colour, turbidity), and water pressure.
- 5. Contact appropriate services for maintenance/repair of the water system. Take any corrective action required. Record actions taken in water system log book.
- 6. Resample water supply upon consultation with Environmental Health Officer.
- 7. Further action may be required pending resampling results.
- 9. Boil Water Advisory is to continue until 2 sample results taken not less than 24 hours apart are negative for both E. Coli and total coliform. Environmental Health Officer must provide verbal or written approval prior to rescinding Boil Water Advisory, and written approval must be obtained later if verbal approval is given first.

### **Chemical or Unknown Contaminant Entering the Water Supply**

In the event of an occurrence that could potentially contaminate a water system accidentally, or a chemical or unknow contaminant has entered the water supply, the PO in direct responsibility charge shall immediately take the following steps:

- 1. Contact Fraser Health Environmental Health Officer for consultation. Extensive testing of the water quality may be required.
- 2. Issue a "Flush Only" notice to all users of the water system.
- 3. Water may only be used for flushing toilets and may not be used for human consumption, food preparation or sanitation purposes until the contaminant is removed from the water system.
- 4. Investigates any possible sources of contaminant.
- 5. Take any corrective action required from the investigation. Record actions taken in water system log book.
- 6. Resample water supply upon consultation with Fraser Health Environmental Health Officer.
- 7. If contamination is still detected, then continue to investigate the source of the contamination and take corrective action as required.
- 8. If contaminant is no longer detected, consult with Fraser Health Environmental Health Officer to determine when the "Flush Only" notice can be rescinded.
- 9. Note: If PO not able to contact staff from Fraser Health PO must issue a notice to users of the water system immediately.
- 10. Report the occurrence to BC Parks. Refer to Park Emergency Call-Out List.
- 11. Document all relevant facts and circumstances on the BC Parks Complaint Occurrence Form.

#### Loss of Water Source (Pump failure or power failure)

- 1. Turn off pump in the pump house.
- 2. Shut down all outside water sources (standpipes, sani-station). Do not let reservoirs empty if possible. Turn off taps at standpipes by closing valve at bottom of post, and put up appropriate signage ("Do Not Use") on standpipes and the sani-station. Indicate alternative water source (South Beach day-use area) on signs.
- 3. Shut down all inside water sources (sinks, showers). Close and lock shower and toilet buildings. Post notices regarding alternate facilities.
- 4. Notify all Park staff.
- 5. Notify all users of the problem.
- 7. Notify the Fraser Health Environmental Health Officer, Alouette Park Management Ltd. senior management, B.C. Parks, and contracted Operator.
- 8. Contact outside agencies for advice and assistance if necessary.
- 9. Contact local media for public service announcement (Used to notify transient customers).
- 10. Arrange alternate source. (Bottled water or bulk water)
- 11. If it is necessary to drain water from the water system see "Water System Turn Off Procedures" below
- 12. Once problem is solved, restart water system following instructions from contracted Operator, take water samples and send in for testing.
- 13. Take down signs once given approval by Environmental Health Officer.
- 14. Document all events on BC Parks Complaint/Occurrence Report. Provide copies to BC Parks and Fraser Health Authority.

#### **Broken Water Main**

- 1. Isolate broken pipe by closing isolation valves closest to break on either side of break. Consult water system plan for valve locations.
- 2. Turn off water taps at standpipes in affected area.
- 3. Close and lock washrooms in affected area.
- 4. Call appropriate contact for repairs. Record actions taken in water system log book.
- 5. Notify users of interruption of service (i.ie. duration of interruption, corrective actions being taken) by posting notices at standpipes and washrooms.
- 6. Notify Fraser Health Environmental Health Officer.

### **Criminal Tampering**

In the event of suspected criminal tampering with a water system, the PO in direct responsibility charge shall immediately take the following steps:

- 1. Turn off the water system, and do not turn it back on without consultation with the Fraser Health Environmental Health Officer. Follow all procedures required by FH.
- 2. Report the occurrence to the Royal Canadian Mounted Police. Phone 911
- 3. Report the occurrence to BC Parks. Refer to Park Emergency Call-Out List.
- 4. Document all relevant facts, evidence and circumstances on the BC Parks Complaint Occurrence Form. Record actions taken in water system log book.

### **Chlorination System Failure**

- 1. Investigate possible reasons for failure probe/membrane, pucks in tube, leakage
- 2. If unable to locate and correct failure, notify water system Operator and Fraser Health Environmental Health Officer immediately.
- 3. Follow all instructions from Operator and/or Fraser Health Environmental Health Officer.
- 4. Record actions taken in water system log book.

### Other Threats to the Drinking Water Supply

- 1. If PO staff become aware of any situation or emergency which may cause a threat to the water supply, immediately notify Fraser Health Environmental Health Officer.
- 2. Notify all users of the threat to the water supply.
- 3. Record actions taken in water system log book.

### **Water System Turn Off Procedures**

- 1. Turn off pump in the pump house.
- 2. Shut down all outside water sources (standpipes, sani-station).
- 3. Shut down all inside water sources (sinks, showers). Close and lock shower and toilet buildings.
- 4. Put up appropriate signage ("Do Not Use") on standpipes and the sani-station.
- 5. Notify all Park staff.
- 6. Notify all users of the problem.
- 7. If it is necessary to drain water from the water system:
  - Open the low point drains at Viking Creek and Campers' Beach to drain water from the system. Ensure dechlorination chemicals in place at Viking Creek low point before opening drain valve.
  - Shut off main reservoir distribution valves after water lines have drained.
  - Drain reservoirs to atmosphere using drain valves.
- 8. Put up proper signage indicating alternative water source (South Beach day-use area).
- 9. Notify the Fraser Health Authority, Alouette Park Management Ltd. senior management, B.C. Parks, and contracted Operator.
- 10. Contact outside agencies for advice and assistance if necessary.
- 11. Contact local media for public service announcement (Used to notify transient customers).
- 12. Arrange alternate source. (Bottled water or bulk water)

- 13. Once problem is solved, refill water system if drained; take water samples in or below affected area and send in for testing.

  14. Take down signs once given approval from Fraser Health Authority.
- 15. Document all events on BC Parks Complaint/Occurrence Report. Provide copies to BC Parks and Fraser Health Authority.

### **EMERGENCY CONTACT LIST**

Emergency Contacts	Name/Company	Phone	Email or Fax
Facility Contacts			
Park Operator	Alouette Park Management Ltd.	604-466-8325	office@alouetteparks.ca
Primary Contact System Operator	Jamie Hall (General Manager)		james@alouetteparks.ca
Secondary Contact	Alex Westby (Operations Manager)		alex@alouetteparks.ca
Secondary Contact	Brandon Schofield (Assistant Operations Manager)		brandon@alouetteparks.ca
Company Owner	Lance Leger		lance@alouetteparks.ca
Water System Operator			
Level II Operator	Keats Island Construction Services: Scott Benson		scott@kicas.ca
Fraser Health Authority			
Environmental Health Officer	Heather Slater	1-604-870-7900 loc 647902	Fax 1-604-852-1588
Fraser Health After Hours (after 4:30 pm or on weekends/stat. holidays)	Fraser Health On-Call Staff	604-527-4806	
Emergency Contacts			
Alternative Water Supplies	Allied Water Services	604-467-8628	
Plumbing Services	A&H Pumps	1-877-794-5544	Fax (604) 302-1301
Equipment Supplier (Pumps)	A&H Pumps	1-877-794-5544	Fax (604) 302-1301
(i d.i.ipo)	Bob's A to Z Rentals	604-463-8894	
B.C. Hydro		1-888-769-3766 1-888-POWERON	
Hospital	Ridge-Meadows	604-463-4111	
Police	Ridge-Meadows Detachment	9 1 1 Non emerg 604-463-6251	
BC Parks	Rebecca Fardy (Recreation Service Officer)	(604) 824-2314 (office) (604) 997-4453 (cell)	rebecca.fardy@gov.bc.ca
<u> </u>	24 Hour Emergency	1-888-549-8820	
Provincial Emergency Program		1-800-663-3456	

# **BOIL WATER NOTICE**

Warning: Boil or Otherwise Treat Your Water Before Using

Date Issued:	
The Gold Creek/Alouette Campground water system supplying this area has been contaminated with cotentially harmful bacteria. E. Coli bacteria were found in the water supply on	

### WHAT SHOULD I DO?

- DO NOT DRINK the water without BOILING FIRST or otherwise treating the water.
- Boil water for 1 minute (rolling boil). Prefereably use a kettle so as to reduce the risk of burns.
   Let it COOL before using.
- You can choose to use Bottled Water
- You can obtain drinking water from the hand pump in North Beach Campground, 1km north along the main park road.
- Boiled or bottled water should be used for DRINKING, COOKING, BRUSHING TEETH, WASHING READY-TO-EAT FOODS AND WASHING DISHES.
- Store treated water in sanitary containers and keep refrigerated.

### OTHER METHODS OF TREATING YOUR WATER

- CHLORINE: Household bleach (5%): Add 2 drops per liter and let stand for 30 minutes
  - If water is cloudy or cold add 4 drops per liter.
- IODINE/CHLORINE TABLETS: see manufacturers' directions
- Note: Brita Water Filters will NOT provide treatment for microbes.

### WHAT HAPPENED? WHAT IS BEING DONE?

Bacteria have entered the water system from an unknown source. We are working with the Fraser Health Authority to investigate/resolve this issue. We have disinfected and flushed the water system with chlorinated water, and will be monitoring continuing test results over the next few weeks.

We will inform you when the problem has been corrected and tests show no bacteria and you no longer need to boil your water. We apologize for the inconvenience.

This notice is posted by the Park Operator:

Alouette Park Management Ltd. (604) 466-8325 info@alouetteparks.ca

# DO NOT DRINK THE WATER (FLUSH ONLY)

(I LOSII OILLI)
Date Issued::
An Unknown Contaminant may have been introduced into the Gold Creek/Alouette Campground water supply.
What should I do?
<ul> <li>Do not use the water for DRINKING, COOKING, BRUSHING TEETH, WASHING READY TO EAT FOODS &amp; WASHING DISHES OR BATHING.</li> <li>Water can only be used for FLUSHING TOILETS at this time.</li> </ul>
What happened? What is being done?
How long will this Flush Only last?
We are working with the Fraser Health Authority to investigate/resolve this issue. We are currently:
We will inform you when the problem has been corrected and that the flush only notice is no longer in effect.
This notice is posted by Alouette Park Management Ltd., the Park Operator for Golden Ears Provincial Park.
Date Distributed:

### **Gold Creek / Alouette Water System Well Information**

Well Tag Number: 85729

Owner: BC PARKS LOWER MAINLAND REGION

Address: GOLDEN EARS PROVINCIAL PARK - GOLDCREEK/ALOUETTE CAMPGROUND VISITOR

PARKING LOT

BCGS Number (NAD 27): 092G038214 Well: 3

Orientation of Well: Vertical

Status of Well: New

Well Use: Water Supply System Construction Method: Drilled

Diameter: 6" inches Well Depth: 67 feet Lithology Info Flag: Y File Info Flag: N Sieve Info Flag: N Screen Info Flag: Y

Construction Date: 2006-09-14 00:00:00.0 Driller: A. & H. Drilling Ltd. Well Identification Plate Number: 20325 Plate Attached By: GRAHAM LORMIER Where Plate Attached:

WELL CASING

### PRODUCTION DATA AT TIME OF DRILLING:

Well Yield: 55 (Driller's Estimate) Gallons per Minute Development Method:

Pump Test Info Flag: N Static Level: 31 feet

WATER QUALITY: Well Disinfected: N

Water Chemistry Info Flag: N Field Chemistry Info Flag: Site Info (SEAM): N

Water Utility: N

Water Supply System Name: GOLD CREEK/ALOUETTE CAMPGROUND GOLDEN Water Supply System Well Name: GOLD CREEK/ALOUETTE CAMPGROUND

### SURFACE SEAL:

Flag: N Material

:

Method: Depth (ft): Thickness (in):

Screen from to feet Type Slot Size 62.9 67.5 20 Casing from to feet Diameter Material -3 63.5 6 null

### **GENERAL REMARKS:**

Information taken from Province of British Columbia Detailed Well Record

# **BOIL WATER NOTICE**

### Warning: Boil or Otherwise Treat Your Water Before Using

Date Issued:	
The Gold Creek/Alouette Campground water system supplying this area has been contaminated with potentially harmful bacteria. E. Coli bacteria were found in the water supply on	

### WHAT SHOULD I DO?

- DO NOT DRINK the water without BOILING FIRST or otherwise treating the water.
- Boil water for 1 minute (rolling boil). Prefereably use a kettle so as to reduce the risk of burns.
   Let it COOL before using.
- You can choose to use Bottled Water
- You can obtain drinking water from the hand pump in North Beach Campground, 1km north along the main park road.
- Boiled or bottled water should be used for DRINKING, COOKING, BRUSHING TEETH, WASHING READY-TO-EAT FOODS AND WASHING DISHES.
- Store treated water in sanitary containers and keep refrigerated.

### OTHER METHODS OF TREATING YOUR WATER

- CHLORINE: Household bleach (5%): Add 2 drops per liter and let stand for 30 minutes
   If water is cloudy or cold add 4 drops per liter.
- IODINE/CHLORINE TABLETS: see manufacturers' directions
- Note: Brita Water Filters will NOT provide treatment for microbes.

### WHAT HAPPENED? WHAT IS BEING DONE?

Bacteria have entered the water system from an unknown source. We are working with the Fraser Health Authority to investigate/resolve this issue. We have disinfected and flushed the water system with chlorinated water, and will be monitoring continuing test results over the next few weeks.

We will inform you when the problem has been corrected and tests show no bacteria and you no longer need to boil your water. We apologize for the inconvenience.

This notice is posted by the Park Operator:

Alouette Park Management Ltd. (604) 466-8325 info@alouetteparks.ca

# DO NOT DRINK THE WATER (FLUSH ONLY)

Date issued::
An Unknown Contaminant may have been introduced into the Gold Creek/Alouette Campground water supply.
What should I do?
<ul> <li>Do not use the water for DRINKING, COOKING, BRUSHING TEETH, WASHING READY TO EAT FOODS &amp; WASHING DISHES OR BATHING.</li> <li>Water can only be used for FLUSHING TOILETS at this time.</li> </ul>
What happened? What is being done?
How long will this Flush Only last?
We are working with the Fraser Health Authority to investigate/resolve this issue. We are currently:
We will inform you when the problem has been corrected and that the flush only notice is no longer in effect.
This notice is posted by Alouette Park Management Ltd., the Park Operator for Golden Ears Provincial Park.
Date Distributed:

### **Gold Creek / Alouette Water System Well Information**

Well Tag Number: 85729

Owner: BC PARKS LOWER MAINLAND REGION

Address: GOLDEN EARS PROVINCIAL PARK - GOLDCREEK/ALOUETTE CAMPGROUND VISITOR

PARKING LOT

BCGS Number (NAD 27): 092G038214 Well: 3

Orientation of Well: Vertical

Status of Well: New

Well Use: Water Supply System Construction Method: Drilled

Diameter: 6" inches Well Depth: 67 feet Lithology Info Flag: Y File Info Flag: N Sieve Info Flag: N Screen Info Flag: Y

Construction Date: 2006-09-14 00:00:00.0

Driller: A. & H. Drilling Ltd.

Well Identification Plate Number: 20325 Plate Attached By: GRAHAM LORMIER Where Plate Attached: WELL CASING

### PRODUCTION DATA AT TIME OF DRILLING:

Well Yield: 55 (Driller's Estimate) Gallons per Minute Development Method:

Pump Test Info Flag: N Static Level: 31 feet

WATER QUALITY: Well Disinfected: N

Water Chemistry Info Flag: N Field Chemistry Info Flag: Site Info (SEAM): N

Water Utility: N

Water Supply System Name: GOLD CREEK/ALOUETTE CAMPGROUND GOLDEN Water Supply System Well Name: GOLD CREEK/ALOUETTE CAMPGROUND

### SURFACE SEAL:

Flag: N Material: Method: Depth (ft): Thickness (in):

Screen from to feet Type Slot Size 62.9 67.5 20 Casing from to feet Diameter Material -3 63.5 6 null

### **GENERAL REMARKS:**

Information taken from Province of British Columbia Detailed Well Record





### **Arsenic in Drinking Water**

Arsenic is found naturally in the rocks in the earth's crust. It can be found in some drinking water supplies, and wells. Drinking water containing arsenic can have serious short-term and long-term health effects.

## How does arsenic get into drinking water?

Arsenic can get into drinking water from natural deposits or runoff from agriculture, mining and industrial processes.

In B.C., natural minerals are the most common sources of arsenic in drinking water.

The amount of arsenic in ground water supplies like wells is usually higher than in surface water supplies such as lakes, streams and rivers.

# What are the health effects of arsenic exposure?

Short to medium term (days to weeks) exposure to very high levels of arsenic in drinking water can lead to arsenic poisoning.

Symptoms of exposure to high levels of arsenic include stomach pain, vomiting, diarrhea, and impaired nerve function, which may result in 'pins and needles' sensation or numbness and burning in hands and feet.

Arsenic can also cause skin changes, which include darkening, and wart-like or corn-like growths. These are mostly found on the palms of the hands or bottoms of the feet. Other symptoms can include skin flushing and rashes.

As children tend to drink more water per unit of body weight than adults, they may have more exposure to arsenic in drinking water. As a result children may be at greater risk of illness when higher levels of arsenic are present. Long-term (years to decades) exposure to even relatively low amounts of arsenic in drinking water can increase your risk of developing certain cancers, including:

- skin,
- · lung,
- · kidney,
- bladder, and
- liver.

The risk of cancer is the reason for developing the Canadian guideline for arsenic in drinking water. For more information on The Guidelines for Canadian Drinking Water Quality see, <a href="https://www.canada.ca/en/health-canada/services/publications/healthy-living/guidelines-canadian-drinking-water-quality-guideline-technical-document-arsenic.html">https://www.canada.ca/en/health-canada/services/publications/healthy-living/guidelines-canadian-drinking-water-quality-guideline-technical-document-arsenic.html</a>.

## What amount of arsenic causes health effects?

Health Canada set a Maximum Acceptable Concentration (MAC) of 10 micrograms per litre for arsenic in drinking water. This can also be reported as 10  $\mu$ g/L, or as 0.010 milligrams per litre (mg/L).

This level was set based on the ability to treat water practicably to this level. This amount is still linked with a health risk higher than the level considered to be a very minor risk. For this reason people should consider taking precautions with their drinking water even if the arsenic levels are slightly below the guideline. Data collected in Canada indicates that the levels of arsenic in drinking water is usually less than 0.005 mg\L, but concentrations may be higher in some areas.

# How do I know if there is arsenic in my drinking water?

Public drinking water systems are monitored regularly. In drinking water, arsenic has no odor or taste and can only be detected by a chemical test.

Most private wells are not tested routinely for water quality or contaminants. It is the well owner's responsibility to test the water for arsenic. Any well may contain arsenic or other contaminants. Private wells should be tested regularly for water quality.

Contact your local public health unit or environmental health officer for information on the testing process in British Columbia.

For more information about private well water testing, see <u>HealthLinkBC File #05b Should I Get</u> My Well Water Tested?

# What can I do if there is arsenic in my drinking water?

Water with arsenic is only a concern if it is being used for drinking or preparing food.

Exposure through breathing and skin contact is not harmful. For example, there are no known health effects from hand washing, bathing or washing clothing in water with arsenic.

If an initial test detects arsenic, even at levels below the guideline, it is important to have a second test done to confirm the results. If your water tests positive for arsenic above the recommended level, you should use another source for drinking water or treat the current source.

There are several treatment devices and options including reverse osmosis filters and distillation. Chlorination and mechanical filters do not remove arsenic from water. Boiling water may increase the concentration of arsenic.

There is no regulatory control over treatment devices for private homes, therefore the well owner must be careful and select an appropriate treatment device that has been certified for the removal of arsenic.

When purchasing a treatment device, you should consider one that has been certified by an organization accredited by the Standards Council of Canada (SCC). The treatment device should meet the following standards:

- NSF/ANSI Standard 62 on drinking water distillation and adsorption systems; or
- Standard 58 on reverse osmosis drinking water treatment systems; or
- Standards 53 on drinking water treatment units

   with specific designation for the water quality parameters you are trying to remove (arsenic).

Certification assures that a device works as the manufacturer or distributor claims. Find an up-to-date list of accredited organizations by visiting Standards Council of Canada at <a href="https://www.scc.ca/en/accreditation/product-process-and-service-certification/directory-of-accredited-clients">www.scc.ca/en/accreditation/product-process-and-service-certification/directory-of-accredited-clients</a>.

For more information on drinking water and treatment options, contact your local environmental health officer.

#### For More Information

For more information about arsenic and drinking water, visit:

- B.C. Ministry of Environment Arsenic in Groundwater
   www2.gov.bc.ca/assets/gov/environment/airland-water/water/waterwells/as020715\_fin3.pdf
- Health Canada Arsenic in Drinking Water <u>www.canada.ca/en/health-</u> <u>canada/services/healthy-living/your-</u> <u>health/environment/arsenic-drinking-</u> water.html





# Preventing Water-Borne Infections For People with Weakened Immune Systems

## Who is at higher risk from water-borne infections?

People with very weak immune systems who are at higher risk of certain water-borne diseases include those with:

- HIV infection who have a CD4+ count of less than 100 cells/mm<sup>3</sup>;
- lymphoma or leukemia (hematological malignancies) who are being actively treated or have been in remission and off treatment for less than 1 year;
- hematopoietic stem cell transplant recipients; and
- people born with diseases that severely affect their immune systems.

Some people with weakened immune systems, such as those with certain types of cancers or taking certain medications, may not be at higher risk of severe water-borne diseases. These people do not need to take extra precautions with their drinking water.

Ask your doctor or nurse practioner how weak your immune system is, and whether you need to take extra precautions.

### How can drinking water become contaminated?

Drinking water can contain different organisms, including bacteria, viruses and parasites, which can cause disease. These organisms can exist in the source water, such as lake water, and survive through treatment, or they can enter the water supply in the distribution system.

Well water can be contaminated if the well is located or constructed in a way that the groundwater it draws from is at risk of containing pathogens (germs) such as a shallow well or a well drilled in fractured rock.

Surface water, such as rivers, lakes and streams, can also contain disease-causing organisms from animal feces.

If you have a weak immune system, you should not drink water from surface sources or groundwater at risk of containing pathogens, unless the water has been treated to remove or inactivate at least 99.9 per cent of parasites (protozoa), 99.99 per cent of viruses and all harmful bacteria.

Most community water systems in B.C. have effective treatment, such as disinfection or chlorination, against bacteria and viruses. However, in many cases, treatment may not provide a 99.9 per cent reduction in infectious parasites. Some water systems and many private supplies have no treatment at all. If the water you drink has not been disinfected, please refer to <a href="HealthLinkBC File #49b">HealthLinkBC File #49b</a> <a href="Disinfecting Drinking Water">Disinfecting Drinking Water</a>.

### How can I further treat disinfected water?

People with very weak immune systems should consult with their doctor or nurse practitioner and may need to take extra precautions with their drinking water.

**Boiling:** If your water supply has already been disinfected, bring the water to a full boil to inactivate any *Cryptosporidium* parasites - a major concern for people with weakened

immune systems. For more information, see <u>HealthLinkBC File #48 Cryptosporidium</u> Infection.

If the water has not already been disinfected, bring the water to a full boil for at least 1 minute. This will kill or inactivate bacteria, viruses and parasites. At elevations over 2,000 meters (6,500 feet), boil water for at least 2 minutes to disinfect it.

Do not drink or use tap water to brush your teeth, rinse your mouth, mix drinks or make ice cubes without boiling it first.

Please note that boiling water will get rid of viruses, bacteria and parasites but not chemicals which may be found in the water.

Reverse Osmosis (RO): RO is effective against all disease-causing organisms and many chemical contaminants. Unless it has a high capacity, it will only produce small amounts of water and waste a large volume. Speak to a water treatment specialist to see if this is the best option for you.

**Ultraviolet (UV) Treatment:** UV light will kill many disease-causing organisms, and is effective against almost all parasites. UV will not kill some bacterial spores and some viruses, so it should not be used unless the water supply is at least disinfected. UV treatment units should meet NSF Standard #55A.

**Filters:** Filters do not remove bacteria and viruses and should not be used unless the water supply is disinfected first.

If you plan to install a drinking water filter in your home, you will need a system labeled as Absolute 1 micron or smaller, and labeled as meeting ANSI/NSF International Standard #53 for removal of parasites.

Jug-type filters, such as a Brita<sup>®</sup>, which sit in a jug and allow water to trickle through, and some tap-mounted and built-in devices are not an appropriate solution. The jug filter models are not effective in removing many disease-causing organisms.

#### Can I drink bottled water?

Bottled water in B.C. may or may not have been treated. If you have a very weak immune system, check with the bottling company to find out what treatment, if any, it has had. Bottled water that has been properly treated using one of the methods listed above can be used for drinking, brushing teeth, making ice cubes and for recipes where water is used but not boiled, such as cold soups.

### For More Information

For more information, including the level of treatment in your local water system, contact your drinking water purveyor or supplier, or the local environmental health officer or drinking water officer. To find your health authority's drinking water contact visit <a href="https://www2.gov.bc.ca/gov/content/environment/air-land-water/water/water-quality/drinking-water-quality/health-authority-contacts">https://www2.gov.bc.ca/gov/content/environment/air-land-water/water/water-quality/drinking-water-quality/health-authority-contacts</a>.

For more information about water-borne infections and how to safely disinfect your drinking water, see the following HealthLinkBC Files:

- HealthLinkBC File #49a Water-borne Infections in British Columbia
- HealthLinkBC File #49b Disinfecting Drinking Water
- HealthLinkBC File #69b Feeding Your Baby Formula: Safely Making and Storing Formula

### Metals in Drinking Water – a message from Fraser Health

Anytime the water in a particular faucet has not been used for six hours or longer, "flush" your cold-water pipes by running the water until you notice a change in temperature. (This could take as little as five to thirty seconds if there has been recent heavy water use such as showering or toilet flushing. Otherwise, it could take two minutes or longer.) The more time water has been sitting in your home's pipes, the more lead it may contain.

Use only water from the cold-tap for drinking, cooking, and especially making baby formula. Hot water is likely to contain higher levels of lead.

The two actions recommended above are very important to the health of your family. They will probably be effective in reducing lead levels because most of the lead in household water usually comes from the plumbing in your house, not from the local water supply.

Conserving water is still important. Rather than just running the water down the drain you could use the water for things such as watering your plants.