

Okanagan Mountain Provincial Park Trail Conditions

Last Updated: April 30, 2025

Note: Spring freshet is now upon us. Be prepared for snowy patches and an increase in water flows at major crossings.

Okanagan Mountain Provincial Park is located is a rugged wilderness and the weather can be severe and unforgiving. Be well prepared, properly equipped, and informed before entering the backcountry:

- Day visitors should be capable of camping overnight in case of injury, accident, or extreme weather.
- Traveling beyond the maintained trail requires special equipment, skills, ability, and knowledge.
- Park visitors should establish a detailed trip plan and leave it with someone at home.
- Water sources are limited throughout the park and are often seasonally available. Visitors should not rely on these sources being available and ensure they pack enough water for their trip.
- Help our wildlife remain safe and wild by preparing a food storage method as bear caches are not available at any location except Divide Lake Camp, where users must supply their own storage sack for the hanging-style cache.

Okanagan Mountain Provincial Park is a user-maintained park. Access to the south parking lot, off Chute Lake Road, will require a high clearance vehicle. Garbage removal service is not available. Please help by packing out all your garbage and any left by others. Please use the outhouses provided; toilet paper is not always supplied.

BC Parks would like to thank our local volunteer groups for their continuous support in maintaining the trail network in Okanagan Mountain Provincial Park as well the many park-users who do their part by practicing the principles of zero-trace when recreating.

Trail Difficulty Rating Trail Type Rating Ε 1.5 to 2.5 m wide, paved, gravel or board walk, less than 10% grade. Easy Type I М Moderate Type II 1.5 m wide, gravel surfacing in wet areas, up to 15% grade. S Strenuous Type III 0.5 m wide, grade greater than 15% D Difficult Type IV 0.3 m wide, lightly used wilderness trail, infrequent maintenance.

- * Ratings are determined based on the length of the trail section, change in elevation and trail type for the average park visitor.
- * Elevations shown are estimated for the trail section and reflect the total gain for the most difficult travel direction on a given trail.

Trail	Est. Distan ce One- way	Est. Elevatio n Gain	Difficulty Rating / Trail Type	Trail Description	Condition
BOULDER TRAIL	4.9 km	383 m	S/III	Starting at the Lakeshore Road parking lot, the Boulder Trail climbs to a lookout point at its halfway point, providing views of Okanagan Lake, before descending to connect with the Wildhorse Canyon and Goode's Basin Trails.	Section of trail is washed out after Deeper Creek bridge. Use at own risk. Expect some windfall and brushing sections.
GOOD'S BASIN TRAIL	2.3 km	270 m	M / III	Starting at the intersection of the Boulder and Wildhorse Canyon Trail, the Good's Basin Trail follows a steady climb to a lookout point.	Expect windfall and extensive brush.
CN TRAIL	1.9 km	183 m	M / III	The CN Trail acts a connecting link between the Boulder Trail and Divide Lake Trail.	Trail has not been assessed. Expect windfall and Brush.
DIVIDE LAKE TRAIL	11 km	1070 m	S/II	Divide Lake Trail is a service-road width track leading to the Divide Lake camp and provides expansive views of the rugged landscape of the park and Kelowna. Access is best done from the CN Trail, or Timberline Road. Limited parking is available at Timberline Road.	Trail has not been assessed. Expect windfall and Brush.
GOLDEN MILE TRAIL	2.3 km	200 m	M / III	Starting at a small pull-out on Lakeshore Road, the Golden Mile Trail climbs up an old access road prior to connecting to the Wildhorse Canyon Trail.	Windfall and brushing completed
RIM TRAIL	1 km	110 m	M / III	The Rim Trail is an out and back trail starting off the Wildhorse Canyon Trail and climbs to a lookout point.	Expect windfall and brush.
BUCHAN BAY TRAIL	1.5 km	150 m	M / III	Buchan Bay Trail provides an access between the Wildhorse Canyon trail and the Buchan Bay marine campsites.	Expect Windfall and brush
GOOD'S CREEK TRAIL	1 km	165 m	M / III	Good's Creek Trail provides an access between the Wildhorse Canyon trail and the Good's Creek marine campsites.	Expect windfall and brush.
COMMANDO BAY TRAIL	2.4 km	160 m	M / III	Commando Bay Trail provides an access between the Wildhorse Canyon trail and the Commando Bay marine campsites.	Expect windfall and brush.

FREDERICK CREEK TRAIL	3.9 km	470 m	D / IV	*Navigation skills and tools required* – Frederick Creek Trail is a wilderness route connecting the Baker Lake Trail to the Wildhorse Trail.	Trail is unmarked. Extensive brush exists on the northern 1 km. Expect windfall and brush.
BAKER LAKE TRAIL	2.5 km	250 m	S / III	Baker Lake Trail acts as a connecting trail from the Divide Lake Camp to both the Baker Lake Camp and Frederick Creek Trail.	Expect windfall and brush.
MOUNTAIN GOAT TRAIL	4.6 km	540 m	S / III	Mountain Goat Trail is a relatively steep trail connecting the south access parking lot to Divide Lake. Park-users are rewarded with views of both Skaha and Okanagan Lake throughout the trail.	Some windfall and brush present. Watch for rock cairns to aid navigation in exposed bedrock sections of trail.
SOUTHERN VIEWPOINT TRAIL	0.8 km	40 m	E/III	Southern Viewpoint Trail is a short trip from the southern parking lot to a lookout that provides views of Okanagan Lake and the Naramata area.	Windfall has been cleared. Expect brush after first 500m.
WILD HORSE CANYON TRAIL	24 km	1050 m	D / IV	As the longest trail in the park, the Wild Horse Canyon Trail connects the northern access points of Golden Mile and Boulder Trail to the southern access parking lot.	Some windfalls present. Trail has been cleared of windfall and brushed for 17 km on the north end of the trail. South access has been cleared of windfall from parking area to Fredrick Creek. Warning: Creek crossings have heavy flowing water with no bridges in place.