

South Fraser Trail Conditions Report

Updated: July 8, 2026

General Information

- The backcountry of our Provincial Parks is **user maintained**
 - Garbage removal service is not available. Please help by packing out all your garbage as well as any garbage left behind by others
 - Bear proof containers are for overnight users to store food and scented items only, **not for use as garbage receptacles**
 - Always bring bear hang equipment in case storage receptacles are full or damaged
- Please use the toilets provided
- Please stay on trails to prevent trail braiding and impacts to the environment
- **Fires in the backcountry of BC Parks are prohibited**
- Unless noted otherwise, the use of ATVs are prohibited in Provincial Parks.
- Bring extra layers, pack the essentials, and leave a trip plan. Learn more at <https://www.adventuresmart.ca/trip-plan-app/>
- **Drone use is not permitted** without a permit - <https://bcparks.ca/plan-your-trip/visit-responsibly/responsible-recreation/#drones>
- **Always remember to have pets on a leash for their safety and the safety of others**

Trail Difficulty Definitions

The ratings are determined based on the length of the trail section, change in elevation and trail type for the average Park visitor.

Distances and times are only estimates.

Trail Type Rating:

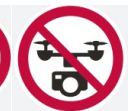
Type I	1.5 to 2.5 m wide	Paved, crushed gravel or board walk, less than 10% grade
Type II	1.5 m wide	Gravel surfacing in wet areas, up to 15% grade
Type III	0.5 m wide	Grade greater than 15%
Type IV	up to 0.3 m wide	Lightly used wilderness trail, tread is worn not grubbed out, infrequent maintenance

Difficulty Rating:

E	Easy
M	Moderate
S	Strenuous

Cultus Lake Provincial Park

Downloadable Google Earth KMZ file of the hiking trails: https://nrs.objectstore.gov.bc.ca/kuwyyf/cultus_lake_hiking_trails_e82011fddb.kmz

TRAILS	Estimated Distance One-way (Km)	Estimated Time one-way (Hours)	Estimated Elevation Gained (Meters)	Trail Type	Rating	Trail Condition	Comments/Trail Safety Information	REGULATIONS* *Click here for all regulations
Teapot Hill	2.4 km	1.0 hr	250 m	III	M	OPEN	Sensitive habitat in this area. Please stay on the marked trail to avoid disturbing forest habitat. Please refrain from leaving teapots in the forest. They are not natural, and lead to trampling of the sensitive species reliant on this area for habitat.	  
Seven Sisters	1.7 km	1.0 hr	120 m	III	E	OPEN	Trail connects Entrance Bay and Clear Creek campgrounds. You'll also pass through a stand of old-growth Douglas-fir trees. Please stay on the marked trail to avoid disturbing forest habitat.	  
Horse Trail/Road 918	10 km	2.0 hrs	280 m	I	E	OPEN	Wind-felled tress may be across the trail. Watch for Landslide area signs. Avoid stopping on trail within "No Stopping" area. Landslide Area Hazardous during periods of heavy rain or during the winter months. Please stay on the marked trail to avoid disturbing forest habitat.	    
Giant Douglas Fir	0.6 km	20 mins	76 m	III	M	OPEN	Trail connects with Clear Creek campground road on the west side of the campground. Stay to the right to see the Giant Douglas fir. Please stay on the marked trail to avoid disturbing forest habitat.	  
Maple Bay	1.2 km	30 mins	35 m	II	E	OPEN	Trail begins near day-use area parking lot. Trail crosses the road and takes you to Columbia Valley Highway. Cross the bridge and the trail resumes taking you to the Maple Bay boat launch. Please stay on the marked trail to avoid disturbing forest habitat.	   

International Ridge	2.1 km	1-2 hrs	1270 m	IV	S	OPEN	Not maintained by BC Parks. Washout near trail turn-off. Wind-felled trees may be present along this trail, especially at upper elevations. Trail is overgrown and may be hard to follow along ridgeline. This has resulted in numerous Search and Rescue incidents. Expect snow to be present at higher elevations in early summer.	
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Sxótsaqel/Chilliwack Lake Provincial Park

Downloadable Google Earth KMZ file of the hiking trails: https://nrs.objectstore.gov.bc.ca/kuwyf/chilliwack_lk_db15c8ffec.kmz

TRAILS	Estimated Distance One-way (Km)	Estimated Time one-way (Hours)	Estimated Elevation Gained (meters)	Trail Type	Rate	Trail Condition	Comments/Trail Safety Information	REGULATIONS* *Click here for all regulations
Lindeman Lake	1.8 km	1.0 hrs	300 m	III	M	OPEN	There are 5 tent pads and a urine diversion toilet at the south end of the lake. There is a bear resistant food hanging station provided at the designated camping area. Please stick to main trail to avoid further braiding in sensitive habitat. Caution: do not leave valuables in your vehicle. <u>Online payment required for backcountry camping.</u> 'Pack it in, Pack it out' principles apply.	
Greendrop Lake	6.0 km	3-4 hrs	910 m	III	M	OPEN	Approximately 30 Wind-felled trees may cross the trail. There are 4 tent pads, a bear proof food cache and a pit toilet, located at the lake. Greendrop Lake to Flora Lake: The trail connecting these two lakes may be difficult to follow and is not recommended for those without significant experience in route-finding. Expect to encounter numerous large wind-felled trees across this trail. This portion of the trail requires careful footing on several boulder fields. Only travel if you are well prepared with proper footwear. Caution: do not leave valuables in your vehicle.	

							Online payment required for backcountry camping. 'Pack it in, Pack it out' principles apply.	
Flora Lake	7 km	5-6 hrs	1136 m	III	S	OPEN	Limited water sources along trail until you arrive at the lake. There may be wind-felled trees across the trail. There are 2 tent pads, a bear proof food cache and a pit toilet located at the lake. Expect snow to be present at higher elevations in early summer. Flora Lake to Greendrop Lake: The trail connecting these two lakes may be difficult to follow and is not recommended for those without significant experience in route-finding. Expect to encounter numerous large wind-felled trees across this trail. This portion of the trail requires careful footing on several boulder fields. Only travel if you are well prepared with proper footwear. Caution: do not leave valuables in your vehicle. Online payment required for backcountry camping. 'Pack it in, Pack it out' principles apply.	
Flora Lake Connector	4 km	3-4 hrs	440 m	IV	S	OPEN	This route connects Greendrop Lake and Flora Lake and may be difficult to follow. It is not recommended for those without significant experience in route-finding. The connector's slopes are a steep grade and there are numerous, large diameter wind-felled trees crossing the trail. This route requires careful footing in order to cross several boulder fields and downed trees. Only travel if you are well prepared with proper footwear. Caution: do not leave valuables in your vehicle.	

							<u>Online payment required for backcountry camping.</u> 'Pack it in, Pack it out' principles apply.	
Radium Lake	12.0 km	5-7 hrs	1281 m	IV	S	OPEN	Wind-felled trees may be across the trail. There are 2 tent pads, a bear proof food cache and a pit toilet located on the East side of the lake. Always be prepared for high elevation weather; avalanche risk may exist, ensure you have proper winter travel knowledge. Only travel if you are well prepared with proper footwear. <u>Online payment required for backcountry camping.</u> 'Pack it in, Pack it out' principles apply.	 

Skagit Valley Provincial Park

Downloadable Google Earth KMZ file of the hiking trails: https://nrs.objectstore.gov.bc.ca/kuwyyf/skagit_valley_Google_earth_0bca1aa465.kmz

Partial Area closure due to November 2021 Pacific Northwest Flood Event

TRAILS	Estimated Distance One-way (Km)	Estimated Time one-way (Hours)	Estimated Elevation Gained (meters)	Trail Type	Rate	Trail Condition	Comments/Trail Safety Information	REGULATIONS* *Click here for all regulations
Chittenden Meadows Trail	1.5 km	1 hr	48 m	I	E	CLOSED	Closure: Trail cannot be reached as the Skagit river can no longer be crossed at the old suspension bridge location. Beautiful trail in early/late season. Mosquitoes abundant between late July and mid-September.	
Chittenden Meadows Connector Trail	1.7 km	15 mins	40 m	I	E	OPEN	Trail starts at Ross Lake campground site #1. Trail exits onto Silver Skagit road, 750m from old suspension bridge location.	
Skagit River Trail	14.5 km	4-6 hrs	50 m	II	E	OPEN - CAUTION	Caution: 2021 flooding event has caused sections of trail to be washed out, requiring river fording. Of note; the bridge located at Sumallo Grove in EC Manning Park has been washed out, and no longer spans the Skagit River, essentially cutting off this end of the trail. 14.5km one way trail that follows the Skagit River from the Skagit Valley to Manning Park. Be aware of 2018 wildfire hazards that continue to exist on trail.	

							Delacy camp is commonly flooded during freshet.	
Skyline II Trail	13 km	4 hrs	610 m	III	S	OPEN	Trail leaves Skagit Valley Park, continuing into Manning Park via Skyline I Trail. Very few water sources are available on this trail. Wind-felled trees may be present on trail.	   
Centennial Trail	14 km	4 hrs	50 m	IV	E	OPEN - CAUTION	14km one way trail from Skagit River Trailhead to Skyline II Trailhead with access points at Shawatum and Nepopekum. <u>This trail currently has several downed trees and thick brush from Skagit River Trail to the intersection of Nepopekum Creek trail</u> The 2021 flooding event has caused several sections of trail to be washed out, requiring river fording, most notably at Shawatum Creek and Nepopekum Creek. The 2019 Silvertip Creek fire burned through much of the trail corridor. The combined impacts of the fire and atmospheric river events have made this trail difficult to follow in several locations.	     
Nepopekum Creek Trail	2 km	30 mins	20 m	II	E	OPEN	The bridge crossing at Nepopekum creek connecting this trail to the southern portion of Centennial trail and Nepopekum campground is currently washed out. Nepopekum creek, and therefore the campsite, may not be crossable at higher water levels. Overnight backcountry camping is available on the Centennial Trail,	   

							South of its junction with the Nepopekum Creek Trail. 2 tent pads, a pit toilet, bear cache and a picnic table are available at this location. Water is available in Nepopekum Creek, approximately 250m from the campsite. 'Pack it in, Pack it out' principles apply.	
Galene Lakes Trail	15 km	8-12 hrs	1250 m	IV	S	CLOSED	Unmaintained. Trail in poor condition, difficult to follow, and is not recommended for travel. Extremely limited water access. A personal navigation device is strongly recommended. Expect snow to be present at higher elevations in early summer.	 

Coquihalla Summit Recreation Area

Downloadable Google Earth KMZ file of the hiking trails: https://nrs.objectstore.gov.bc.ca/kuwyf/skagit_valley_Google_earth_0bca1aa465.kmz

TRAILS	Estimated Distance One-way (Km)	Estimated Time one-way (Hours)	Estimated Elevation Gained (meters)	Trail Type	Rate	Trail Condition	Comments/Trail Safety Information	REGULATIONS* *Click here for all regulations
Falls Lake Trail	0.90 km	20 mins	40 m	II	M	OPEN - CAUTION	Please be cautious while driving access road in as there is ongoing pipeline work. <u>Trailhead is not accessible due to washout near the parking lot, which requires a crossing of the Falls Lake stream channel.</u> There are 2 tent pads located at the lake. A bear proof food cache and a pit toilet is located up the trail to the East. 'Pack it in, Pack it out' principles apply.	
Zoa Peak Trail	5.50 km	3-4 hrs	635 m	III	M	OPEN - CAUTION	Please be cautious while driving access road in as there is ongoing pipeline work. No water access along trail in summer months. <u>Trailhead is not accessible due to washout near the parking lot, which requires a crossing of the Falls Lake stream channel.</u> Trail begins at Fall's Lake parking lot. Travel up the pipeline road. Beginning of trail is marked with signage on pipeline access road. Always be prepared for extreme high elevation weather. Avalanche risk may exist ensure you have proper winter travel knowledge.	

Needle Peak Trail	6.50 km	4-5 hrs	882 m	III	S	OPEN	Please obey signage and follow fencing through the pipeline construction area at the trailhead. Please stick to main trail to avoid further braiding in sensitive habitat. Limited water access on trail during summer months. Always be prepared for extreme high elevation weather.	
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Coquihalla Canyon Provincial Park

TRAILS	Estimated Distance One-way (Km)	Estimated Time one-way (Hours)	Estimated Elevation Gained (meters)	Trail Type	Rate	Trail Condition	Comments/Trail Safety Information	REGULATIONS* *Click here for all regulations
Othello Tunnels	1.75 km	30 mins	10 m	III	E	OPEN	Three of the historical tunnels and the new north bridge are accessible from the main parking lot. Flashlights are recommended. Due to strong currents swimming is not advised upstream of tunnels.	   
Hope Nicola Loop Trail	5.45 km	2-3 hrs	473 m	II	M	OPEN	Trail access is restricted to the north trailhead at the main parking lot only.	  